



# Barnsbury Primary School and Nursery

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**Headteacher: Mrs J Harrup**

8th November 2024

Dear Parents and Carers

At Monday's INSET, we welcomed members of staff from Kingfield Primary School and St John's Primary School to our school and also joined the other schools in the SWAN Trust virtually. We were all working on the vision for the recently expanded Trust and getting to know members of staff from other schools. It was a really positive day and ideas and suggestions have been given to Elaine Cooper, the Trust's CEO with how we can further move forward as a group of schools to further enhance the education and experiences for the children in our care.

At Tuesday's INSET, we had a full day of training for the phonics scheme that we use—Read, Write Inc. Phonics is so crucial in starting the children on their journey of becoming a reader and it is important that all members of staff have knowledge and understanding of phonics and how best to support children of all reading levels.

## **New, updated website**

Please take a look at our new school website! It is now up and running—a huge thank you to Mrs Moulds who has worked so hard to get it up and running and to Matt Egan (Local Governor) for his support as well.

[Barnsbury Primary School - Websites](#)

## **The ELSA study: Early Surveillance for Auto-immune diabetes**

Please look out for communication from us regarding the ELSA study. The ELSA study is screening children, aged 3-13 years to find out their risk of getting type 1 diabetes. This is a simple finger stick blood test, and we have organised for the screening to be available at Barnsbury on Tuesday, 26th November. We have sent out further information within a separate email.

Please scan the QR code to find  
out more.



Please scan the QR code to  
register interest.



### Online Parent Courses—Family Lives

Being a parent has never been easy. There are no manuals for it, and previous generations may not be able to provide the insight you're looking for. The family unit is more dispersed than ever, with some families existing hundreds of miles from what may be called a 'core unit'. The rapid pace of societal change in the UK rapidly outstrips the knowledge of the immediate past. The result is that many parents may find themselves lost in a maelstrom of contradictory advice. For adults, time has never been more compacted. Family Lives has produced a series of online parenting courses, to make this challenge a little easier. If interested please follow the link below:

<https://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

Family Lives offers a confidential and free\* helpline service for families in England and Wales (previously known as Parentline). They can be contacted on **0808 800 2222** for emotional support, information, advice and guidance on any aspect of parenting and family life. Their website is also a rich source of useful support and advice. (*\* Free from landlines and most mobiles*)

### PTA Non-Uniform Day

Please make a note of the forthcoming non-uniform day and donations needed for the PTA Christmas Fair.

### Parent/Teacher Consultations

We look forward to welcoming parents into school for the parent Consultation meetings next week. If you haven't already signed up for a slot, please contact the School Office. The events are happening on Tuesday 12th November between 3.30 and 5.30pm and Thursday 14th November between 3.30 and 7.00pm.

Wishing you all a wonderful weekend. Enjoy the fireworks safely!

With kind regards



Mrs J E Harrup  
Headteacher



# Dates for your diary 2024-25

## Autumn Term

### November

Friday 1st	Half Term
Monday 4th	INSET Day
Tuesday 5th	INSET Day
Wednesday 6th	Children return after half term
Wednesday 6th	School Photos—Individual and Sibling
Friday 8th	6.30-8.30pm—PTA—Barnsbury Boutique Night
Tuesday 12th	3.30—5.30pm—Parents Evening (face to face)
Tuesday 12th	PTA—Bags to School
Wednesday 13th	PTA—Bags to School
Wednesday 13th	Governors Meeting
Thursday 14th	3.30—7.00pm Parents Evening (face to face)
Thursday 14th	PTA—Bags to School
Friday 15th	Year 6 Trip
Monday 18th	9.00am Prospective Parent Tour
Wednesday 20th	2.00pm Prospective Parent Tour
Friday 22nd	9am—Rocksteady Concert—Friday Bands
Friday 29th	9.00am 6L Class Assembly
Friday 29th	10am—PTA—Hedgerow Planting
Saturday 30th	2-5pm—PTA Christmas Fair

# Dates for your diary 2024-25

## Autumn Term

### December

Monday 2nd	KS1 Christmas Pantomime
Thursday 5th	9am Rocksteady Concert—Thursday bands
Friday 6th	9.00am 3M Class Assembly
Tuesday 10th	9am Rocksteady—Tuesday bands
Wednesday 11th	Christmas Dinner and Jumper day
Thursday 12th	KS2 Pantomime
Friday 13th	KS2 Pantomime
Monday 16th	9.15am—KS1 Christmas Production Dress Rehearsal
Monday 16th	2pm—KS1 Christmas Production
Tuesday 17th	9.15am -KS1 Christmas Production
Tuesday 17th	2pm—KS1 Christmas Production
Wednesday 18th	Christmas Carol Concert Years 3 & 4
Friday 20th	1.15pm End of Term



# 10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

## 1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

## 2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

## 3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

## 4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

## 5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

## 6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

## 7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

## 8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

## 9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

## 10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

## Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



The  
National  
College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/choose-respect>

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# **BARNSBURY BOUTIQUE NIGHT**

**FRIDAY 8TH NOVEMBER  
6.30-9.30PM**

**GET YOUR CHRISTMAS  
SHOPPING IN EARLY!**



# **PTA NON UNIFORM DAY**

## **FRIDAY 22ND NOVEMBER**

**PLEASE BRING IN DONATIONS  
FOR OUR SCHOOL CHRISTMAS  
FAIR. THANK YOU**

**KEY STAGE 2- CHOCOLATE  
DONATIONS  
KEY STAGE 1- BOTTLE DONATIONS**

**ALL ITEMS WILL BE COLLECTED AT THE  
KS1 AND KS2 GATES**





# **BAG 2 SCHOOL**



**Our next Bag2School  
collections are on:**

**Tuesday 12th November  
Wednesday 13th November  
Thursday 14th November**

**Drop off at KS1 gate and office car park**



# Volunteer Mornings

## Hedgerow Planting

Surrey CC are working with Barnsbury this year to plant hedgerows on the school field.

The hedgerows will be planted to mark out the end of the sports area and the 'wild' area on our sports field.

It's a fantastic learning opportunity for the children watching them grow and creating a habitat for birds, small mammals and insects, increasing bio diversity.

We are looking for around 9 volunteers to to help.

FRIDAY 29TH NOVEMBER

TIME: 10am. We aim to plant the hedegrow in 3 hours.

Please let the school office or your PTA Rep know if you can help.



BARNSBURY PRIMARY SCHOOL PTA

# *Christmas Fair*

Join us for Christmas Fun,  
Music & Games!

November 30th • 2 pm to 5 pm

Tombolas, Raffle, Hot chocolate, Crafts,  
Secret Shop, Stalls, Entertainment





# **YOUR BARNSBURY PTA NEEDS YOU!**

**Help us shape the future of  
Barnsbury school and it's  
children by helping us raise  
vital funds...**

**WE NEED YOUR:**

**INPUT...your opinions matter  
TIME...however much you can spare  
DONATIONS...big or small and your  
help CREATING AWARENESS**



**Contact your class rep or email:  
[pta@barnsbury@surrey.sch.co.uk](mailto:pta@barnsbury@surrey.sch.co.uk)**